

WHAT

As a shaman I build bridges between the visible and the invisible. The principle of my work is the awareness of the connection with ourselves and everything around us – from our direct environment to nature and universe, tangible and intangible – and the practical application in our daily lives.

I lend support in spiritual, personal and business arenas. From a holistic approach I connect individuals with their inner wisdom and self-healing capacity, and enterprises with their essence. Occasionally I work with animals.

Traditional shamanic practices, such as performing rituals, contacting and dealing with entities, and the energy clearing of spaces, are also part of my work.

HOW

My inherited shamanic gifts include reading energy, using the healing power in my hands and communication with other dimensions, accompanied by drumming and chanting. My work with energy waves is like that of a radiostation: tuning in, receiving signals and broadcasting. It allows me to read energies and vibrations of people and animals, photos and objects, situations and sites. The healing power in my hands gives energetic and physical support to this process; it cleans the aura and relieves stress.

I use philosophies, psychology, alternative healing methods and my experiences in the corporate world. Mindfulness is also a pillar of my work. Meditation guidance enables people to be consciously present with what is happening *now* in their current life.

Rituals are powerful, symbolic acts, often with a spiritual core. In numerous phases of life these are meaningful and applicable, for example to support transformation or harmony. The preparation is just as important as the implementation. Whenever a ritual is agreed upon, there is extensive consultation on content and ultimate purpose in order to achieve the maximum effect.

The energy cleaning of spaces is needed when the effects of former events still hang around or the atmosphere appears stuck. This may be the case in a personal or working environment, for example after a divorce or a merger. I make contact with the situation or event and smudge and purify the place. Sometimes we can feel the warm breath of our ancestors in our neck or sense the presence of a wandering soul in our homes. I make contact with the entity and help them to let go of this particular situation, sever the threads to the earth and transcend to the beyond.

WHY

The goal is to meet you in your current situation and to provide relief, leading to enriching your life and experiencing consciousness of oneness with all there is.